## Hazard Safety Register (RAMS)

## Please ensure all activity supervisors have a copy of this document

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Forest Lakes Camp	and Conference Centre	9		Archery			
Activity Hazard Reg	gister			Effective September 2023 Review Date August 2025			
<ul> <li>Archery is op</li> <li>To ensure a s for this activi</li> <li>All superviso</li> <li>The Red flag</li> </ul>	ty. rs and participants are rea is to be put out to indicat	akes Instructor. e experience a n quired to wear e e archery is in pi	ninimum of nclosed foot rogress. The	wear whe flag is to b	n at Archery. be returned against the sh	use the Archery. 2 bows are available ed when archery is finished. t be roped off when archery is in	
RISK	HAZARD SOURCE	HAZARD CATEGORY	HAZARD SEVERITY	LIKELY (Y/N)	HAZARD CONTROL e=eliminate i=isolate m=minimise		
Injury, puncture wound or bruising	Hit by Arrow	People Equipment Environment	Moderate	Ν	(i)Only 1 bow to be (i)All observers mus roped off area. (i)Ensure participar (i)All arrows to be f the bank. (i/m)No arrows are been fired. (m)No one should h hands when someo	t used per supervisor. st stand beside the shed, outside the ints identify the target. Fired at the target in the direction of to be retrieved until all arrows have have both the bow and arrows in their one is in the danger zone. It have closed in footwear at Archery arrow off target.	
Injury	Loss of group control/ misbehavior	People	Low	N		atio of 1 adult supervisor: 7 participants haviour becomes unsafe.	
	Use without supervisor	People	Low	N	supervisors. This m	ent will only be issued to the nust be returned to the office by the ompletion of each activity <b>or</b> handed pervisor.	

Bow Burn	Bow	Equipment	Low	Y	( <i>i/m</i> )It is recommend that people wear the wrist guards provided or long sleeves to prevent rubbing from the bow string when firing.		
Sunburn	Weather	Environment	Moderate	Y	(i)Supervisor to remind participants and observers to use Sun Protection.		
EMERGENCY SCENARIOS	Severity (Incident Severity Scale)	First Resp	onse				
For all injuries or medical emergencies	1-2	Follow Emergency Response Plan. Administer appropriate First Aid. No evacuation required. It may be possible to continue with the activity.					
	3-5	Follow Emergency Response Plan. Administer appropriate First Aid. Transport to emergency services using own means. It may be possible to continue with the activity.					
	6-10	<ul> <li>Follow Emergency Response Plan.</li> <li>Administer appropriate First Aid.</li> <li>Discontinue use of the activity.</li> <li>Call 111 for an ambulance. Site Location is Forest Lakes Camp, 156 Forest Lakes Camp OTAKI.</li> <li>Travel to the end of the road where someone will meet the ambulance by the wooden shed at the third cattle stop.</li> <li>Have 1 supervisor call to the office if assistance is required – 063648218 or send a message with a runner if no mobile phone is available or reception is limited.</li> <li>Have 1 supervisor take participants to another activity.</li> </ul>					
Environmental		Relocate P Head cour	ue the activity Participants to Int to ensure a Office of the	o a safe are all participa	ints are safe.		
If the patient has		over the uninjured			• that it cannot move and increase damage to tissue. movement to the injured eye.		

# Forest Lakes Camp Archery Procedure

- **1.** Archery equipment is to be collected from the office by an adult and only to be used under adult supervision.
- 2. Shoes must be worn for this activity.
- **3.** Archery is only to be used at the designated area, shooting towards the bank.



- 4. All participants should wait either in the shelter or outside the roped off area.
- 5. When loading arrows, ensure that the bow is pointing towards the ground.
- 6. Once loaded the arrow should only be pointed towards the target.
- 7. The odd colored flight should always be positioned facing away from the bow.
- **8.** Generally, the dominant hand holds the string with the index finger positioned above the arrow with the middle and ring fingers below.
- **9.** Once all arrows have been fired by all shooters and all bows have been handed to supervisors, the arrows may be collected from the danger zone.
- **10.** When removing arrows from target/ground take hold of the arrow as close to the target/ground as possible, then gently twist the arrow as you pull it out, in the same direction as it entered.
- **11.** Once everybody is out of the danger zone then the next participants can take up their bow for their turn.
- **12.** At no time should anybody have both a bow and arrow in their hands whilst somebody is in the danger zone.

Bows and arrows are always to be supervised by adult, one supervisor per bow.

Forest Lakes Camp	Forest Lakes Camp and Conference Centre			Confide	nce Course
Activity Hazard Reg	ister			Effective	e September 2023 Review Date August 2025
<ul> <li>The Confiden</li> <li>The Confiden</li> <li>To ensure a si</li> <li>Only 1 partici</li> <li>The You Tube activity. This</li> </ul>	ce Course is a Challenge ce Course is operated <b>w</b> afe, efficient and effectiv pant on each section at	<b>ithout</b> a Forest L ve experience a <b>r</b> a time. <u>.youtube.com/w</u> te <u>www.forestlak</u>	akes Instruct minimum of atch?v=u1m	tor. <b>2 supervis</b>	ors are required for the Confidence course. must be watched by the supervisors prior to running the
RISK	HAZARD SOURCE	HAZARD CATEGORY	HAZARD SEVERITY	LIKELY (Y/N)	HAZARD CONTROL e=eliminate i=isolate m=minimise
Fall Impact Injury	Confidence Course Challenges	People Equipment Environment	Moderate	Y	<ul> <li>(m)Bark Mulch below confidence course to cushion any falls.</li> <li>(m)One participant per section, each participant must have a spotter when on the course.</li> <li>(m)Apparatus/Rope Anchors checked (Monthly Maintenance Schedule).</li> </ul>
Scratches	Flea Jumps	Equipment	Low	N	<i>(i)</i> Metal Edges are bound. (Monthly Maintenance Check).
Hit by Branches or loose objects	Trees Loose Objects	Environment	Moderate	N	<i>(i)</i> Removal of loose branches and objects before starting the course. <i>(i)</i> Tree inspection and trimming by camp staff.
Jammed Body Parts	Tyres	People Equipment	Low	N	( <i>i/m</i> )Hold tyres by inside of tyre, not by chains. ( <i>m</i> )Stay as upright as possible when moving across the tyre obstacle.
	See Saw	People Equipment	Low	N	<ul> <li>(i)Ensure nobody is standing under the see saw when in use.</li> <li>(i)Ensure see saw is in the mounting position before climbing the post at the start.</li> </ul>

Slippery Surfaces	Confidence Course Challenges	Environment	Moderate	Y	<i>(i)</i> Do not use the Confidence Course when raining. Ensure wooden surfaces are dry after rain. Check with Forest Lakes staff if uncertain.	
RISK	HAZARD SOURCE	HAZARD CATEGORY	HAZARD SEVERITY	LIKELY (Y/N)	HAZARD CONTROL e=eliminate i=isolate m=minimise	
Sunburn	Sun	Environment	Low	Y	<i>(i)</i> Supervisor to remind participants and observers to use appropriate Sun Protection.	
High Winds/Heavy Rainfall	Weather	Environment	Moderate	Y	( <i>i</i> )Forest Lakes Staff will assess the wind and/or rainfall and close the activity if necessary.	
EMERGENCY SCENARIOS	Severity (Incident Severity Scale)	First Response				
For all injuries or medical emergencies	1-2	Follow Emergency Response Plan. Administer appropriate First Aid. No evacuation required. It may be possible to continue with the activity.				
	3-5	Follow Emergency Response Plan. Administer appropriate First Aid. Transport to emergency services using own means. It may be possible to continue with the activity.				
	6-10	Follow Emergency Response Plan. Administer appropriate First Aid. Discontinue use of the activity. Call 111 for an ambulance. Site Location is Forest Lakes Camp, 156 Forest Lakes Camp OTAKI. Travel to the end of the road where someone will meet the ambulance at the green transformer in the carpark. Have one supervisor call to the office if assistance is required – 063648218 or send a message with a runner if no mobile phone is available or reception is limited. Have one supervisor take participants to another activity.				
Environmental		Discontinue the activity. Relocate Participants to a safe area. Head count to ensure all participants are safe.				

Notify the Office of the Emergency.	
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Forest Lakes Camp	and Conference Centr	e		Flying Fox - Junior (by Kayak shed)		
Activity Hazard Reg	ister			Effective September 2023 Review Date August 2025		
<ul><li>The Flying Fox</li><li>To ensure a sa</li></ul>	Challenge by Choice Act is operated without a F afe, efficient and effectiv ts <b>must</b> be under 12 yea	orest Lakes Inst ve experience a <b>r</b>		2 supervis	<b>ors</b> are recommended to operate the Flying Fox.	
RISK	HAZARD SOURCE	HAZARD CATEGORY	HAZARD SEVERITY	LIKELY (Y/N)	HAZARD CONTROL e=eliminate i=isolate m=minimise	
Ground Impact	Participant Weight	People Equipment	Moderate	N	<i>(e)</i> The maximum age for the flying fox is 12 years.	
	Method	People	Moderate	N	(e)Participants must be seated on the flying fox. (e)Participants must hold on to the plastic coated cable attached to the seat at all times during the ride.	
Seat hitting Face on dismount	Seat	People	Low	Y	<i>(e)</i> Adult Supervisor is to be present at the dismount area to assist where necessary buy holding the base rope to stabilise the seat after stopping.	
Equipment Failure	Cable, Tower, Cable Anchors, Pulley Mechanism, Seat	Equipment	High	N	(i)Flying Fox is checked monthly for wear and tear and is logged in the maintenance Log book.	
Participants getting cold or wet	Weather	Environment	Low	Y	<i>(i)</i> Groups advised to wear clothing appropriate for the conditions. As the activity is close to accommodation the group may decide to cancel a session due to weather.	
Sunburn	Sun	Environment	Low	Y	<i>(i)</i> Supervisor to remind participants and observers to use appropriate Sun Protection.	
High Winds	Weather	Environment	Moderate	Y	<i>(i)</i> Forest Lakes Staff will assess the wind and close the activity if necessary.	
Spectator Hit	Person Crossing Flying Fox Path	People	Moderate	N	<i>(i)</i> Flying Fox is not in a travel path. The Supervisor must t ensure observers remain clear of the travel path.	

EMERGENCY	Severity	First Response						
SCENARIOS	(Incident Severity							
	Scale)							
For all injuries or	1-2	Follow Emergency Response Plan.						
medical emergencies		Administer appropriate First Aid.						
		No evacuation required.						
		It may be possible to continue with the activity.						
	3-5	Follow Emergency Response Plan.						
		Administer appropriate First Aid.						
		Transport to emergency services using own means.						
		It may be possible to continue with the activity.						
	6-10	Follow Emergency Response Plan.						
		Administer appropriate First Aid.						
		Discontinue use of the activity.						
		Call 111 for an ambulance. Site Location is Forest Lakes Camp, 156 Forest Lakes Camp OTAKI.						
		Have 1 supervisor call to the office if assistance is required – 063648218 or send a message with a						
		runner if no mobile phone is available or reception is limited.						
		Have 1 supervisor take participants to another activity.						
Environmental		Discontinue the activity.						
		Relocate Participants to a safe area.						
		Head count to ensure all participants are safe.						
		Notify the Office of the Emergency.						

Forest Lakes Camp and Conference Centre				Flying Fox (Top Paddock)			
Activity Hazard Reg	gister			Effective September 2023 Review Date August 2025			
<ul><li>The Flying Fo</li><li>To ensure a s</li><li>All participan</li></ul>	A Challenge by Choice Act x is operated <b>without</b> a F afe, efficient and effectiv ts must wait at the finish ts <b>must</b> be under 70kgs.	orest Lakes Instr e experience a <b>r</b>	ninimum of	•	<b>fors</b> are required to operate the Flying Fox.		
RISK	HAZARD SOURCE	HAZARD CATEGORY	HAZARD SEVERITY	LIKELY (Y/N)	HAZARD CONTROL e=eliminate i=isolate m=minimise		
Fall from platform	Tower at start	People Equipment	Mod	N	( <i>m</i> )The platform shall only be occupied by the supervisor and 1 participant. Every other person must remain on the ground at the end of the flying fox.		
Ground Impact	Participant Weight	People Equipment	Moderate	N	<i>(e)</i> The maximum weight for the flying fox is 70 kg and must not be exceeded.		
	Method	People	Moderate	N	<ul> <li>(e)Participants must be seated on the flying fox.</li> <li>(e) Participants must depart from the front edge of the platform.</li> <li>(e)Participants must hold on to the plastic coated cable attached to the seat at all times during the ride.</li> </ul>		
Seat hitting Face on dismount	Seat	People	Low	Y	(e)Adult Supervisor is to be present at the dismount area to assist where necessary buy holding the base rope to stabilise the seat after stopping.		
Equipment Failure	Cable, Tower, Cable Anchors, Pulley Mechanism, Seat	Equipment	High	N	<i>(i)</i> Flying Fox is checked monthly for wear and tear and is logged in the maintenance Log book.		
Participants getting cold or wet	Weather	Environment	Low	Y	<i>(i)</i> Groups advised to wear clothing appropriate for the conditions. As the activity is close to accommodation the group may decide to cancel a session due to weather.		

Sunburn	Sun	Environment	Low	Y	<i>(i)</i> Supervisor to remind participants and observers to use appropriate Sun Protection.		
High Winds	Weather	Environment	Moderate	Y	(i)Forest Lakes Staff will assess the wind and close the activity if necessary.		
Spectator Hit	Person Crossing Flying Fox Path	People	Moderate	N	(i)Flying Fox is not in a travel path. Supervisor at the bottom of the cable to ensure observers remain clear of the travel path.		
EMERGENCY SCENARIOS	Severity (Incident Severity Scale)	First Response					
For all injuries or medical emergencies	1-2	Follow Emergency Response Plan. Administer appropriate First Aid. No evacuation required. It may be possible to continue with the activity.					
	3-5	Follow Emergency Response Plan. Administer appropriate First Aid. Transport to emergency services using own means. It may be possible to continue with the activity.					
	6-10	<ul> <li>Follow Emergency Response Plan.</li> <li>Administer appropriate First Aid.</li> <li>Discontinue use of the activity.</li> <li>Call 111 for an ambulance. Site Location is Forest Lakes Camp, 156 Forest Lakes Camp OTAKI.</li> <li>Travel to the end of the road where someone will meet the ambulance by the third cattle stop.</li> <li>Have 1 supervisor call to the office if assistance is required – 063648218 or send a message with runner if no mobile phone is available or reception is limited.</li> <li>Have 1 supervisor take participants to another activity.</li> </ul>					
Environmental		Have 1 supervisor take participants to another activity.         Discontinue the activity.         Relocate Participants to a safe area.         Head count to ensure all participants are safe.         Notify the Office of the Emergency.					

Forest Lakes Camp	Forest Lakes Camp and Conference Centre			Gladiator			
Activity Hazard Re	gister			Effective September 2023 Review Date August 2025			
<ul> <li>Gladiator mu</li> <li>To ensure a solution</li> <li>One person (</li> </ul>		ed Forest Lakes e experience w e) will be requi	ve require ea ired to assist	ch group t	o provide <b>two extra adult supervisors</b> to assist with this activity. ying participants. The other supervisor will be responsible for		
RISK	HAZARD SOURCE	HAZARD CATEGORY	HAZARD SEVERITY	LIKELY (Y/N)	HAZARD CONTROL e=eliminate i=isolate m=minimise		
Falling To Ground	Incorrect use of equipment	People	High	N	<ul> <li>(m)Participants acknowledge they are to follow all safety rules given by the instructor.</li> <li>(m)Participants participate in safety briefing where correct equipment use and safety rules are enforced.</li> <li>(i)All participants have equipment checked by instructor prior participation.</li> </ul>		
	Structural defect/system failure	Equipment	High	N	<ul> <li>(m)Visual Check each day of beam and surroundings before activity commences.</li> <li>(m)Equipment logs are monitored for gear usage.</li> <li>(e)Visual equipment checks for premature wear and tear – early replacement.</li> </ul>		
	Loss of balance on activity	People	Low	Y	<ul> <li>(i)Belay System prevents falling to ground.</li> <li>(i)Instructor provides additional instructions on suitable techniques to maintain control and complete activity.</li> <li>(i)Participants to wear a helmet (impact protection).</li> </ul>		
	Entrapment of body parts	People	Moderate	N	(i)Long hair must be tied back. (e)All rings and loose jewelry must be removed.		
bruise) Major injuries	Collision with the beam	People	Moderate	Y	<ul> <li>(m)Participants to be instructed on when to avoid swinging and jumping.</li> <li>(i)Instructor ready to lock rope off to control participant.</li> </ul>		

(impact whiplash, broken bones etc)					<i>(i)</i> Participants to wear a helmet (impact protection).		
RISK	HAZARD SOURCE	HAZARD CATEGORY	HAZARD SEVERITY	LIKELY (Y/N)	HAZARD CONTROL e=eliminate i=isolate m=minimise		
Anxiety	Emotional Trauma	People	Low	N	(m)Activity is operated on a challenge by choice basis. Participant has the option to not participate. (m)Instructor can control the descent and lower participant to the ground.		
EMERGENCY SCENARIOS	Severity (Incident Severity Scale)	First Res	ponse				
For all injuries or medical emergencies	1-2	Follow Emergency Response Plan. Administer appropriate First Aid. No evacuation required. It may be possible to continue with the activity.					
	3-5	Follow Emergency Response Plan. Administer appropriate First Aid. Transport to emergency services using own means. It may be possible to continue with the activity.					
	6-10	<ul> <li>Follow Emergency Response Plan.</li> <li>Administer appropriate First Aid.</li> <li>Discontinue use of the activity.</li> <li>Call 111 for an ambulance. Site Location is Forest Lakes Camp, 156 Forest Lakes Camp OTAKI.</li> <li>Travel to the end of the road where someone will meet the ambulance at the green transformer in the carpark.</li> <li>Have 1 supervisor call to the office if assistance is required – 063648218 or send a message with a runner if no mobile phone is available or reception is limited.</li> <li>Have 1 supervisor take participants to another activity.</li> </ul>					
Environmental		Discontinue the activity. Relocate Participants to a safe area.					

	Head count to ensure all participants are safe. Notify the Office of the Emergency.
<ul> <li>Gladiator will not happen if:</li> <li>There is no instructor pres</li> <li>There are technical issues</li> <li>No helmet is worn</li> <li>No harness is worn</li> </ul>	

Forest Lakes Camp and Conference Centre			Horse Riding			
Activity Hazard Re	gister			Effective September 2023 Review Date August 2025		
<ul><li>Horse Riding</li><li>To ensure a second sec</li></ul>	g is a Challenge by Choice g is operated with a Fores safe, efficient and effecti g. Riders must wear cove	st Lakes Instructo ive experience a	minimum of		-	ent with horses are required for the
	end participants are ove	•	•		nenu iong pants	
RISK	HAZARD SOURCE	HAZARD	HAZARD		HAZARD CONTROL	
		CATEGORY	SEVERITY	(Y/N)	e=eliminate i=isolate m=minimise	
Unwell Horse	Horse	Equipment	Low	Y	<i>(e)</i> Horses with Injurie recovered.	es or illness are not to be used until
Fear of Horses	Horses	People	Low	Y	( <i>m</i> )Follow instruction ( <i>i</i> )Ensure Supervisors ( <i>e</i> )Elect not to partic	s <b>do not</b> have a fear of horses.
Sprains, Bruising, Fractures, Impact injury	Falling from Horse	Equipment People	Moderate	Y	(i)All riders must wea (i)All riders must wea	ing should not be worn as it may
		Equipment	Moderate	N	fatigue and be correc (m)Saddles should be in use. (e/i)Do not use stirru rotten stitching. (e/i)Buckles should n leather or have bent studs should be repla	e securely attached to the horse who pleather with cracks, worn leather not be sharp so as to cut into the or loose tongues. Bent or loose how

		People	Moderate	Y	( <i>m</i> )Overconfidence of the rider. ( <i>e</i> )Failure to follow instructions of the Instructor and supervisors.
RISK	HAZARD SOURCE	HAZARD CATEGORY	HAZARD SEVERITY	LIKELY (Y/N)	HAZARD CONTROL e=eliminate i=isolate m=minimise
Kick from Horse	Horse	Equipment People	Moderate	Y	<ul> <li>(m)Follow instructions of instructor.</li> <li>(i)Do not stand directly behind a horse.</li> <li>(i)Do not approach a horse directly from its blind spot</li> <li>(Directly in front or behind).</li> <li>(m)Ensure participants do not create excessive noise to scare or excite the horses.</li> </ul>
Horse Bites	Horse	Equipment People	Low	Y	<i>(i)</i> Do not approach a horse directly from its blind spot (Directly in front or behind).
Clients/staff becoming cold	Moderate/Heavy Rain and low temperatures (Extreme weather Conditions)	Environment	Low	Y	<ul> <li>(e/m)Weather conditions which increase the likelihood of risk are monitored closely, and the operation suspended if conditions deteriorate.</li> <li>(i)Recommencement of activities only if staff and client in charge of group are happy to begin again.</li> </ul>
Sunburn	Sun	Environment	Low	Y	<i>(i)</i> Supervisor to remind participants and observers to use appropriate sun protection.
High Winds	Weather	Environment	Low	Y	<i>(e/m)</i> Forest Lakes Staff will assess the wind and close the activity if necessary.
Lightning Strike	Extreme Weather conditions	Environment	Low	N	<i>(e/m)</i> Weather conditions which increase the likelihood of risk are monitored closely, and the operation suspended if a thunderclap is heard or lightening observed as this may cause the horses to spook. Recommencement of activities only if staff and client in charge of group are happy to begin again and 30 minutes has passed since last lightning strike.

EMERGENCY SCENARIOS	Severity (Incident Severity Scale)	First Response					
For all injuries or medical emergencies including: Fall from a Horse	1-2	Follow Emergency Response Plan. Administer appropriate First Aid. No evacuation required. It may be possible to continue with the activity.					
	3-5	Follow Emergency Response Plan. Administer appropriate First Aid. Transport to emergency services using own means. It may be possible to continue with the activity.					
	6-10	Follow Emergency Response Plan. Administer appropriate First Aid. Discontinue use of the activity. Call 111 for an ambulance. Site Location is Forest Lakes Camp, 156 Forest Lakes Camp OTAKI. Arrange to meet the ambulance at the closest intersection to the road. Have 1 supervisor call to the office if assistance is required – 063648218 or send a message with a runner if no mobile phone is available or reception is limited. Have 1 supervisor take participants to another activity.					
Frightened Horse	1-10	Rider must try to remain calm. Instructor verbally instructs the rider on how to manage the situation. Instructor physically takes control of the horse. Follow procedures for injuries in the event that a rider is thrown from a horse.					
Trapped in Stirrups	1-10	Stop the horse. Instructor physically takes control of the horse. Activity supervisor assists the rider from the stirrups – remove the foot from the stirrup or remove the foot from the shoe. Follow procedures for injuries in the event that a rider is thrown from a horse.					
Injury to Horse	1-10	Stop the Horse. Instructor physically takes control of the horse. Rider to dismount from the horse.					

		Horse is walked back to the start point and unsaddled. Contact vet if necessary.
EMERGENCY SCENARIOS	Severity (Incident Severity Scale)	First Response
Environmental	1-10	Discontinue the activity. Relocate Participants to a safe area. Head count to ensure all participants are safe. Notify the Office of the Emergency.

NOTE: If a Spinal Injury is suspected do not move the patient stabilise the neck and keep them comfortable until Emergency Services arrive

#### Horse Riding will not happen if:

- There is no instructor present.
- There are not two supervisors present who do not have a fear of horses.
- There are technical issues with the equipment.
- No helmet is worn.
- Safe Footwear covering the feet is not worn (crocs or open footwear are not suitable).
- There are extreme weather conditions.
- The instructor has the right to refuse a child under 8 years to ride if conditions are not suitable.
- The instructor has the right to refuse any person over 80 kgs to ride if there is no suitable horse to support their weight.

# FOREST LAKES HORSE TREKS

# HEALTH AND SAFETY REMINDERS

Adults will be required to lead horses and assist with supervision of children. Adults will not be riding horses and at least 1 adult will lead a horse so it is important that adults do not have a fear of horses.

**Please note** the maximum weight limit for horse riding is 80kg. If you have children who are heavier than 80kg it is kinder to leave them at camp to do an alternative activity than have them embarrassed because they may not be able to ride.

### Supervisors please remind children:

- 'Closed in' shoes only –NO jandals, sandals or crocs.
- Long pants are recommended for riding, to prevent being scratched on trees etc, also ensure pants are loose enough to mount the horse and sit on a saddle.

- To be quiet and respectful around horses, they are live animals and can be unpredictable if frightened.
- PLEASE NOTE: There are no toilets at the horses please go before you leave camp.

Forest Lakes Ca	amp and Conference Centre	e		Kayaking		
Activity Hazard	l Register			Effective September 2023 Review Date August 2025		
<ul><li>Kayaking</li><li>To ensur</li></ul>	g is a Challenge by Choice Actir g is operated with a Forest Lak re a safe, efficient and effectiv a Ratio of 1:8 for kayaking.	es Instructor.	e require eac	h group to	provide <b>two extra adult supervisors</b> to assist with this activity.	
RISK	HAZARD SOURCE	HAZARD CATEGORY	HAZARD SEVERITY	LIKELY (Y/N)	HAZARD CONTROL e=eliminate i=isolate m=minimise	
Drowning	Kayak not fit for use	Equipment	High	N	(i)Regular Equipment Maintenance Checks.	
	Inappropriate Clothing	Equipment	Moderate	N	<i>(i)</i> Instructor to ensure participants clothing is appropriate before commencing the activity.	
	Life Jacket not fitted correctly, not worn or not fit for use	Equipment	High	N	<ul> <li>(i)Life Jackets must be worn.</li> <li>(i)Life jacket checked for fit before leaving shore.</li> <li>(i)Regular Equipment Maintenance Checks.</li> </ul>	
	Participant can't swim and/or panics upon unexpected capsize	People	High	Y	<ul> <li>(i)Instructor keeps all participants within close kayak range.</li> <li>(m)Non swimmers identified by group leader/supervisor before activity commences so instructor is aware of immediate need for assistance.</li> </ul>	
	Rough Water	Environment	Moderate	Y	<i>(e/m)</i> Instructor to assess wind conditions before commencing activity. The instructor can cancel or postpone the activity if the wind is deemed too strong to allow the activity to proceed.	

	Unauthorised use of kayaking equipment	People	High	N	(e)All kayaking equipment is kept locked in the boat shed when not in use. (e/i)If activity is in use but instructor or supervisor is not present all kayaks must be roped together securely and paddles locked in the boat shed.
Illness/Allergy	Lake Water – Algal Bloom	Environment	Low	Y	( <i>m</i> )Shower after kayaking to cleanse skin of any irritants. ( <i>m</i> )Avoid full immersion in lake water to prevent oral ingestion of Planktonic Cynaobacteria .
RISK	HAZARD SOURCE	HAZARD CATEGORY	HAZARD SEVERITY	LIKELY (Y/N)	HAZARD CONTROL e=eliminate i=isolate m=minimise
Injury	Kayak Paddles used inappropriately	People Equipment	Moderate	N	( <i>m</i> )Participants to be trained in proper use of paddles in and out of the water.
	Trees and Reeds at Lake Edge	Environment	Low	N	<i>(i/m)</i> Participants encouraged to stay in clear water away from the edge of the lake.
	Misbehaviour/loss of group control	People	Low	N	( <i>m</i> )Ensure adequate Adult:Child ratios including having a trained instructor present.
Anxiety	Emotional Trauma	People	Low	N	<ul> <li>(e/m)Activity is operated on a challenge by choice basis.</li> <li>participant has the option to not participate.</li> <li>(m)Tow rope to bring participant and kayak back to land if necessary.</li> <li>(m)Wizz kayaks are suitable for two people if necessary.</li> </ul>
	Lack of Confidence	People Equipment	Low	Y	<i>(i/m)</i> Two kayak styles for participant to choose from. Wizz's have greater stability than Sprites for inexperienced participants.
Interference	Speed boats/other water craft	People Equipment	High	N	<i>(i/m)</i> Define boundaries for each operator to ensure safety of people. Other water craft to use the long arm from the woolshed to the Lakeside Villas, kayakers to use the short arm from the island to the Pipehenge if other water craft are present.
Clients/staff becoming cold	Moderate/Heavy Rain and low temperatures	Environment	Low	Y	(e/m)Weather conditions which increase the likelihood of risk are monitored closely, and the operation suspended if conditions deteriorate.

	(Extreme weather Conditions)				<ul> <li>(i)Participants encouraged to wear suitable clothing for the conditions.</li> <li>(m)Recommencement of activities only if staff and client in charge of group are happy to begin again.</li> </ul>
	Wind Chill	Environment	Low	Y	<i>(e)</i> Cancel or postpone the activity if wind chill is severe, ensure participants are dressed suitably.
Sun burn	Sun	Environment	Moderate	Y	<i>(i)</i> Remind clients that they should use sunburn prevention measures.
RISK	HAZARD SOURCE	HAZARD CATEGORY	HAZARD SEVERITY	LIKELY (Y/N)	HAZARD CONTROL e=eliminate i=isolate m=minimise
Lightning Strike	Extreme Weather conditions	Environment	Low	N	<ul> <li>(i/m)Weather conditions which increase the likelihood of risk are monitored closely, and the operation suspended if a thunderclap is heard or lightning observed.</li> <li>Recommencement of activities only if staff and client in charge of the group are happy to begin again and 30 minutes has passed since last lightning strike.</li> </ul>
EMERGENCY SCENARIOS	Severity (Incident Severity Scale)	First Resp	onse		
For all injuries or medical emergencies including: -injury as a result of poor paddling	1-2	Follow Emergency Response Plan. Administer appropriate First Aid. No evacuation required. It may be possible to continue with the activity.			
technique -injury as result of being struck by another lake user (motor boat)	3-5	Follow Emergency Response Plan. Administer appropriate First Aid. Transport to emergency services using own means. It may be possible to continue with the activity.			

Capsize	6-10	Remove patient/s from the water immediately if there is no suspected neck or spinal injury. Follow Emergency Response Plan. Administer appropriate First Aid. Discontinue use of the activity. Call 111 for an ambulance. Site Location is Forest Lakes Camp, 156 Forest Lakes Camp OTAKI. Travel to the end of the road where someone will meet the at the office. Have 1 supervisor call to the office if assistance is required – 063648218 or send a message with a runner if no mobile phone is available or reception is limited. Have 1 supervisor take participants to another activity.				
EMERGENCY SCENARIOS	Severity (Incident Severity Scale)	First Response				
Entrapment	1-10	Remove patient/s from the kayak and water immediately. Follow Emergency Response Plan. Administer appropriate First Aid. Discontinue use of the activity. Call 111 for an ambulance. Site Location is Forest Lakes Camp, 156 Forest Lakes Camp OTAKI. Travel to the end of the road where someone will meet the at the office. Have 1 supervisor call to the office if assistance is required – 063648218 or send a message with a runner if no mobile phone is available or reception is limited. Have 1 supervisor take participants to another activity.				
Struck by a paddle	3-9	Kayaker conscious or unconscious:Follow emergency response plan.Remove patient from water as soon as possible.Follow emergency response plan.Apply First aid – It may be necessary to evacuate the patient to a medical facility. It may be possible to continue the activity.				
Sudden High Winds Environmental	1-5	All kayakers are to beach on land wherever po Discontinue the activity. Relocate Participants to a safe area. Head count to ensure all participants are safe. Notify the Office of the Emergency.				

#### Kayaking will not happen if:

- There is no instructor present.
- There are technical issues with the equipment.
- No life jacket/buoyancy aid available.
- Participant Clothing is inappropriate e.g. denim or other heavy weight items.
- There are extreme weather conditions.

Forest Lakes Cam	Forest Lakes Camp and Conference Centre			Mudslid	Mudslide	
Activity Hazard R	Register			Effective	September 2023	Review Date August 2025
<ul> <li>The Mudsl</li> </ul>	lide is a Challenge by Choice	e Activity.				
<ul> <li>The mudsl</li> </ul>	ide is operated without a F	orest Lakes Instr	uctor.			
•	sors <b>must</b> have watched th <u>ww.forestlakes.org.nz</u>	e You Tube safet	y clip <u>https:/</u>	//www.you	tube.com/watch?v=SFGR	MLIrSOg . This clip is also on our
activity,	a safe, efficient and effectives stationed at the top of the					<b>visors</b> to assist with this d to assist exit from the pool.
Only one p	<b>participant</b> is to be on the a	ctivity at any tim	e. This inclu	udes the pool at the end. Participants must travel in a feet first direction.		
RISK	HAZARD SOURCE	HAZARD CATEGORY	HAZARD SEVERITY	LIKELY (Y/N)	HAZARD CONTROL e=eliminate i=isolate m=minimise	
Drowning	Participant can't swim	People	High	N		e bottom end of the slide prepared to assist if participant loses footing or
Itchy Skin	Water	Environment	Low	N		udslide to cleanse skin of any irritants. ng of the pool to avoid stagnant water.
Injury	Rips or tears in the matting	Equipment	Low	N	<i>(e)</i> Regular Mainten	ance Checks.

	Slipping while ascending hill	People	Low	Y	( <i>m</i> )Encourage participants to walk up hill rather than run. ( <i>m</i> )Hold rope when climbing for stability.
	Sticks on Slide or in Pool	Environment	Low	Y	<i>(e)</i> Supervisors are to check slide for obstacles before activity commences. <i>(e)</i> Wade through pool before commencement to check for submerged foreign objects.
	Head Impact	People	Low	N	(m)Participants <b>must</b> slide in the feet forward position.
	Collision	People	Low	N	( <i>i/e</i> )Supervisors to ensure participant does not commence their descent until previous participant is clear of the pool at the end. ( <i>e</i> )Only one person to use the slide at a time.
Anxiety	Emotional Trauma	People	Low	N	<i>(i)</i> Activity is operated on a challenge by choice basis. The participant has the option to not participate.
RISK	HAZARD SOURCE	HAZARD CATEGORY	HAZARD SEVERITY	LIKELY (Y/N)	HAZARD CONTROL e=eliminate i=isolate m=minimise
Participants becoming cold	Moderate/Heavy Rain and low temperatures (Extreme weather Conditions)	Environment	Low	Y	<ul> <li>(e/i)Weather conditions which increase the likelihood of risk are monitored closely, and the operation suspended if conditions deteriorate.</li> <li>(m)Participants encouraged to wear suitable clothing for the conditions.</li> <li>(m)Activity is close to accommodation so participants can get changed relatively quickly.</li> </ul>
Sun burn	Sun	Environment	Moderate	Y	<i>(i)</i> Remind clients that they should use sunburn prevention measures.
Lightning Strike	Extreme Weather conditions	Environment	Low	N	<i>(e/i)</i> Weather conditions which increase the likelihood of risk are monitored closely, and the operation suspended if a thunderclap is heard or lightning observed. <i>(m)</i> Recommencement of activities only if staff and client in charge of group are happy to begin again and 30 minutes has passed since last lightning strike.

EMERGENCY SCENARIOS	Severity (Incident Severity Scale)	First Response			
For all injuries or medical emergencies including: - Injury as the result of using poor	1-2	Follow Emergency Response Plan. Administer appropriate First Aid. No evacuation required. It may be possible to continue with the activity.			
technique resulting in unconsciousness - Impalement	3-5	Follow Emergency Response Plan. Administer appropriate First Aid. Transport to emergency services using own means.			
EMERGENCY SCENARIOS	Severity (Incident Severity Scale)	First Response			
Drowning/near drowning	6-10	<ul> <li>Bottom Safety Supervisor must remove patient from the water immediately.</li> <li>Follow Emergency Response Plan.</li> <li>Administer appropriate First Aid.</li> <li>Discontinue use of the activity.</li> <li>Call 111 for an ambulance. Site Location is Forest Lakes Camp, 156 Forest Lakes Camp OTAKI.</li> <li>Travel to the end of the road where someone will meet the ambulance by the tyre mound on the right hand side of the road.</li> <li>Have 1 supervisor call to the office if assistance is required – 063648218 or send a message with a runner if no mobile phone is available or reception is limited.</li> <li>Have 1 supervisor take participants to another activity.</li> </ul>			
	3-9	Participant conscious or unconscious: Remove patient from water as soon as possible unless you suspect a neck or spinal injury.	Follow emergency response plan. Apply First aid – It <b>may</b> be necessary to evacuate the patient to a medical facility. It <b>may</b> be possible to continue the activity.		
Environmental		Discontinue the activity.			

Relocate Participants to a safe area.
Head count to ensure all participants are safe.
Notify the Office of the Emergency.

Forest Lakes Camp and Conference Centre					Swimming Pool		
Activity Hazard Register					Effective September 2023 Review Date August 2025		
<ul> <li>No Lifeguard</li> </ul>	s are present at the swir	nming pool. All	children unde	er the age c	of 16 must have an adult s	upervisor.	
• 1 supervisor	is required for groups of	less than 8 swin	nmers, 2 supe	ervisors for	groups of more than 8 sw	vimmers.	
<ul> <li>Participants i</li> </ul>	must shower before ent	ering the pool, e	specially after	r using othe	er water activities.		
RISK	HAZARD SOURCE	HAZARD	HAZARD	RD LIKELY HAZARD CONTROL			
		CATEGORY	SEVERITY	(Y/N)	e=eliminate i=isolate		
Unrestricted Entry	Open Gates	People Equipment	High	N	<i>m=minimise</i> ( <i>m</i> )Regular mainter ( <i>m</i> )Spring loaded sy	nance checks of locks and latches. ystems.	
Slipping, Bruising, Broken Bones	Running	People	Low	Y	<i>(e/m)</i> No running in <i>(e)</i> Remove those no area.	side pool area. ot following instructions from pool	
Broken Bones Bruising Paralysis	Diving Jumping	People	High	N	( <i>m/e</i> )No diving in the Height at shallow e ( <i>m</i> )No Jumping.	he pool. Height at deep end 1.3m nd 0.9m.	

					Do not move swimmer if a neck or back injury is suspected.
Cuts	Broken Tiles	Equipment	Low	Ν	(i)Regular Maintenance Checks.
Drowning	Participant can't swim	People	High	N	<i>(i)</i> Swimmers must stay within their depth. <i>(e)</i> Supervisors must be able to jump in and perform a rescue at all times.
	Participant Panics	People	High	N	(m)Ensure pool supervisors can swim
	Inappropriate Clothing	People Equipment	Low	Y	<i>(e)</i> Appropriate swimming clothing to be worn. No footwear or heavy baggy clothing in the pool.
Anxiety	Emotional Trauma	People	Low	Y	<i>(e/m)</i> Activity is operated on a challenge by choice basis. The participant has the option to not participate. <i>(e)</i> Supervisor to stop any undesirable actions e.g. ducking, intimidation.
RISK	HAZARD SOURCE	HAZARD CATEGORY	HAZARD SEVERITY	LIKELY (Y/N)	HAZARD CONTROL e=eliminate i=isolate m=minimise
Participants becoming cold/ Hypothermic	Moderate/Heavy Rain and low temperatures (Extreme weather Conditions)	Environment	Low	Y	<ul> <li>(e/i)Weather conditions which increase the likelihood of risk are monitored closely, and the operation suspended if conditions deteriorate.</li> <li>(m)Activity is close to accommodation so participants can get changed relatively quickly.</li> <li>(i)Limit time use on activity if it is cold.</li> </ul>
Sunburn	Sun	Environment	Moderate	Y	<ul> <li>(i)Remind clients that they should use sunburn prevention measures.</li> <li>(i)Limit time use on activity if sun is extreme.</li> <li>(i)Remind to reapply sun cream after being in the pool.</li> </ul>
Lightning Strike	Extreme Weather conditions	Environment	Low	N	<i>(e/i)</i> Weather conditions which increase the likelihood of risk are monitored closely, and the operation suspended if a thunderclap is heard or lightning observed.

Illness EMERGENCY	Unwell Swimmers Chemical Balance Severity	People Equipment First Res	Low Low ponse	N	in charg minutes (e)Anyo 48 hour (i)Pool I	ommencement of activities only if staff and client ge of group are happy to begin again and 30 s has passed since last lightning strike. One who has had vomiting or Diarrhoea in the past rs is not to use the swimming pool. Thas automatic Chlorine Feed. Maintenance checks egularly.			
SCENARIOS	(Incident Severity Scale)								
For all injuries or medical emergencies	1-2	Follow Emergency Response Plan. Administer appropriate First Aid. No evacuation required. It may be possible to continue with the activity.							
	3-5	Follow Emergency Response Plan. Administer appropriate First Aid. Transport to emergency services using own means.							
EMERGENCY SCENARIOS	Severity (Incident Severity Scale)	First Res	ponse						
	6-10	Follow Emergency Response Plan. Administer appropriate First Aid. Discontinue use of the activity. Call 111 for an ambulance. Site Location is Forest Lakes Camp, 156 Forest Lakes Camp OTAKI. Notify the office immediately for extra assistance. Have 1 supervisor take participants to another activity.							
	3-9	Participa Remove	nt consciou patient fro	us or uncons m water as s	cious:	Follow emergency response plan. Apply First aid – It <b>may</b> be necessary to			
Environmental		Discontinue the activity. Relocate Participants to a safe area. Head count to ensure all participants are safe.				· · · · · · · · · · · · · · · · · · ·			

Notify the Office of the Emergency.	
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Forest	t Lakes Camp a	nd Conference Centr	e	Ten Pin Bowling				
Activi	ty Hazard Regi	ster		Effective	September 202	3	Review Date August 2025	
•	<ul> <li>10 Pin Bowling is a Challenge by Choice Activity.</li> <li>10 Pin Bowling is operated without a Forest Lakes Instructor</li> <li>To ensure a safe, efficient and effective experience 2 adult supervisors are recommended, one to assist with the balls and one to assist with the pins</li> </ul>							
•	•	; must be kept locked w	hen not in use.	The key is av	ailable fron	n the group orgar	niser or the of	fice
•	Children under the age of five must not attend 10 pin bowling							
RISK		HAZARD SOURCE	HAZARD	HAZARD	LIKELY	HAZARD CONT	ROL	
1			CATEGORY	SEVERITY	(Y/N)	e=eliminate	i=isolate	m=minimise

Bruising, Fractures, Impact injury	Trapped finger between the balls	Equipment/ People	Moderate	N	<ul> <li>(i) Balls must only be picked up from the sides of the holding rack, not from the direction they return. See diagrams at the bowling alley.</li> <li>(i) Only allow supervising adults to lift the ball from the holding rack.</li> </ul>
	Hit by balls	People	Moderate	N	<ul> <li>(i) Ensure no person is bowling while the pins are being reset to avoid being hit by a rolling ball</li> <li>(i) Do not have participants standing behind the bowler incase they release the ball in the wrong direction</li> <li>(e) Participants are only to hold the ball when it is their turn to bowl</li> </ul>
	Tripping or slipping	People	Low	Y	<ul> <li>(m) Ensure participants wear closed in shoes and all laces are tied and tucked out of the way to avoid tripping</li> <li>(m) Ensure the floor surface is dry, towels and mops are available from the cleaning cupboard if the floor becomes wet</li> <li>(m) Put all rubbish in the bin</li> </ul>

EMERGENCY SCENARIOS	Severity (Incident Severity Scale)	First Response
For all injuries or	1-2	Follow Emergency Response Plan. Administer appropriate First Aid.
medical		No evacuation required.
		It may be possible to continue with the activity.
	3-5	Follow Emergency Response Plan. Administer appropriate First Aid.
		Transport to emergency services using own means.
		It may be possible to continue with the activity.
	6-10	Follow Emergency Response Plan. Administer appropriate First Aid. Discontinue use of the activity.
		Call 111 for an ambulance. Site Location is Forest Lakes Camp, 156 Forest Lakes Camp OTAKI.
		Arrange to meet the ambulance at the closest intersection to the road.
		Have 1 supervisor call to the office if assistance is required – 063648218 or send a message with a
		runner if no mobile phone is available or reception is limited.
		Have 1 supervisor take participants to another activity.
EMERGENCY SCENARIOS	Severity (Incident Severity Scale)	First Response
Environmental	1-10	Discontinue the activity.
		Relocate Participants to a safe area.
		Head count to ensure all participants are safe.
		Notify the Office of the Emergency.
NOTE: If a Spin	al Injury is suspected do no	ot move the patient stabilise the neck and keep them comfortable until Emergency Services arrive
10 Pin Bowling will	not happen if:	
•	ower cut and lighting is poo	Dr.
•	adult supervision	
	•	Lodge and the noise disturbs their programme

• There is a group staying in Lake Lodge and it is after 8pm (or other time by arrangement)

Forest Lakes Camp and Conference Centre	Waterslide	
Activity Hazard Register	Effective September 2023	Review Date August 2025

- The Waterslide is a Challenge by Choice Activity.
- The Waterslide is operated **without** a Forest Lakes Instructor.
- Check with camp staff that water quality is acceptable before commencement of the activity.
- A key must be obtained from the office to unlock the waterslide.
- All supervisors must have watched the You Tube safety clip <u>https://www.youtube.com/watch?v=K39UJhlwOtM</u>. This clip is also on our website <u>www.forestlakes.org.nz</u>
- To ensure a safe, efficient and effective experience we require each group to provide **two adult supervisors** to assist with this activity, one to be stationed at the top of the waterslide ensuring participants are sitting in the correct position and one to be stationed at the end to assist exit from the lake. This supervisor must be a competent swimmer.

•	Only one participant is to be on the activity at any time. Life Jackets are available if requir	ed.
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RISK	HAZARD SOURCE	HAZARD CATEGORY	HAZARD SEVERITY	LIKELY (Y/N)	HAZARD CONTROL e=eliminate i=isolate m=minimise
Injury	Abrasions on slide Slipping while ascending ladder	Equipment People	Low Low	N Y	(e)Regular Maintenance Checks. (i)Only one person at a time on the ladder, hold on to hand rails.
	Foreign objects on Slide or in Lake	Environment	Low	Y	(e)Supervisors are to check slide for obstacles before activity commences. (e)Swim in the landing area of the lake at the base of the slide before commencement to check for submerged foreign objects.
	Slipping while ascending hill	Environment	Low	Y	(m)Walk carefully up the hill, use hand rail/rope where provided.
	Head Impact Back Injury	People	Low	N	( <i>m</i> )Participants must slide in the feet forward position, holding both legs between the knees and ankles and have feet 30 cms apart and stay in this position all the way down the slide.

	Collision	People	Low	N	(i)Supervisors to ensure participant does not commence their descent until previous participant is clear of the lake at the end. (e)Only one person to use the slide at a time.
RISK	HAZARD SOURCE	HAZARD CATEGORY	HAZARD SEVERITY	LIKELY (Y/N)	HAZARD CONTROL e=eliminate i=isolate m=minimise
Injury	Speed	People	Low	N	(i)Reduce speed of water flow at the top. (e)Do not use Soap on the Waterslide.
	Motor craft	Environment	Low	N	<i>(i)</i> Motor craft only to operate on far side of lake when water slide is in use.
	Overcrowding on Tower	People	Low	N	(i)One Supervisor must be up the tower at all times the slide is operating. Only one Participant in addition to the Supervisor to be on the ladder or tower at any time.
	Tower structure	Equipment	Low	N	(m)Monthly Maintenance checks.
Drowning	Participant can't swim	People	High	N	(e)Must not use the waterslide.
	Participant Panics	People	High	N	<ul> <li>(i)Ensure supervisor at landing area can swim and has good vision.</li> <li>(m)Life buoy must be present and attached to rope so it can be thrown to the person in the water.</li> <li>(i)Life Jackets are available for participant to wear if required for extra assurance.</li> <li>(m)Supervisor at the bottom must be able to swim confidently.</li> <li>(m)Supervisor at bottom must be prepared to enter water to provide assistance if required.</li> </ul>
Itchy Skin	Water	Environment	Low	N	(m)Shower after Waterslide to cleanse skin of any irritants.

Anxiety	Emotional Trauma	People	Low	Y	<ul><li>(i)Activity is operated on a challenge by choice basis.</li><li>participant has the option to not participate.</li><li>(i)Encourage use of a life jacket.</li></ul>	
RISK	HAZARD SOURCE	HAZARD CATEGORY	HAZARD SEVERITY	LIKELY (Y/N)	HAZARD CONTROL e=eliminate i=isolate m=minimise	
Participants becoming cold	Moderate/Heavy Rain and low temperatures (Extreme weather Conditions)	Environment	Low	Y	<ul> <li>(e/i)Weather conditions which increase the likelihood of risk are monitored closely, and the operation suspended if conditions deteriorate.</li> <li>(e)Waterslide not to be operated in high winds.</li> <li>(m)Activity is close to accommodation so participants can get changed relatively quickly.</li> <li>(i)Limit time use on activity if it is cold.</li> </ul>	
Sun burn	Sun	Environment	Moderate	Y	<ul> <li>(i)Remind clients that they should use sunburn prevention measures.</li> <li>(i)Limit time use on activity if sun is extreme.</li> </ul>	
Lightning Strike	Extreme Weather conditions	Environment	Low	N	<ul> <li>(e/i)Weather conditions which increase the likelihood of risk are monitored closely, and the operation suspended if a thunderclap is heard or lightning observed.</li> <li>(m)Recommencement of activities only if staff and client in charge of group are happy to begin again and 30 minutes has passed since last lightning strike.</li> </ul>	
EMERGENCY SCENARIOS	Severity (Incident Severity Scale)	First Response				
For all injuries or medical emergencies including: - Injury as the result of using poor	1-2	Follow Emergency Response Plan. Administer appropriate First Aid. No evacuation required. It may be possible to continue with the activity.				
technique resulting in unconsciousness	3-5	Follow Emergency Response Plan. Administer appropriate First Aid.				

- Impalement		Transport to emergency services using own means.          First Response			
EMERGENCY SCENARIOS	Severity (Incident Severity Scale)				
Drowning/near drowning	6-10	<ul> <li>Bottom Safety Supervisor must remove patient from the water immediately unless there is a suspected neck or spinal injury.</li> <li>Follow Emergency Response Plan.</li> <li>Administer appropriate First Aid.</li> <li>Discontinue use of the activity.</li> <li>Call 111 for an ambulance. Site Location is Forest Lakes Camp, 156 Forest Lakes Camp OTAKI.</li> <li>Call at the office for directions to the patient.</li> <li>Have 1 supervisor call to the office if assistance is required – 063648218 or send a message with a runner if no mobile phone is available or reception is limited.</li> <li>Have 1 supervisor take participants to another activity.</li> </ul>			
	3-9	Participant conscious or unconscious: Remove patient from water as soon as possible unless there is a suspected neck or spinal injury.	Follow emergency response plan. Apply First aid – It <b>may</b> be necessary to evacuate the patient to a medical facility. It <b>may</b> be possible to continue the activity.		
Environmental		Discontinue the activity. Relocate Participants to a safe area. Head count to ensure all participants are safe. Notify the Office of the Emergency.			